Stunning India Trekking Tours to Suit Every Pace by Amit Kothiyal

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â€œBreathtakingâ€• and â€œspectacularâ€• â€“ these are two apt words that describe how a trekker feels Himalayas. You can go for trekking tours in various parts of the Himalayan range in India, one of the majestic and gorgeous ranges in the world. In India, trekking tours are organized by tour operators and if you travel on your own, you may have to hire a guide for the particular area where you are planning to trek.

There are numerous treks on the Himalayan range in India. For the most stunning treks, you must visit Ladakh, Garhwal and Sikkim. Read on to know more about some of the famous trekking routes in these regions.

â€¢ Markha Valley Trek, Ladakh: The Markha Valley Trek in Ladakh goes through the Markha River. Ladakh, Zanskar and the Great Himalayan ranges offer fantastic views on the trek. This trekking tour meanders through â€œLittle Tibetâ€• and crosses mountain passes that are located more than 17,000 feet above sea level.

Wild roses and willow groves welcome you to the cold desert as you walk past them. The prayer flags over rivers and canyons remind you how frail the human race is in front of nature. Only prayers give inner strength to the people of this land, which is harsh yet awesome at the same time.

â€¢ Dodi Tal Trek, Garhwal: The Dodi Tal Trek in Garhwal is one of the most important trekking tours in India. Located more at 3,024 m above sea level, Dodi Tal is situated in the lap of lush green Garhwal Himalayas. You can cover this India trekking tour in a week or two depending upon your pace. The crystal clear waters of Dodi Tal are situated amid dense forests of Pine, Oak and Deodar, with Rhododendrons blooming all around.

â€¢ Zanskar Trek, Ladakh: The best time to go for the Zanskar Trek in Ladakh is from June to September. Rest of the year, the region is covered in snow, making it almost impossible for anyone to cover the trek on foot. The average height of this stunning trail is 3,600m which can go up to 5,350m above sea level at certain places.

â€¢ Dzongri Goecha La Trek, Sikkim: Dzongri Goecha La Trek in Sikkim is one of the popular trekking tours in India. You can take in grand views of the Kanchenjunga on this trail. From Yuksom (Yuksam), you can go through the Rathong Valley to Bakhim and then ascent to Tsokha. You can reach Pethang from Tsokha and then to Dzongri. This is a moderate level trek that can be covered in about 11 days.

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