Plan a Trip to Refreshing Kerala and Carry Back Cherished Memories

by Ajay Kumar

Article published on April 19th 2012 | Destinations

Kerala is known to be one of the calmest, most serene and most beautiful place in India, which has earned it the name of being â€œGodâ€™s own countryâ€•. It has some of the best beaches in the world. Famous for being covered with millions of coconut trees and beautiful plantation hills spread across the state, it is one of the most sought after destinations of Asia.

There are a lot of tour and travel companies operating in India who can give you good Kerala tour packages. Kerala truly justifies the media hype and you will realize this only when you visit the state. The most popular Kerala holiday packages destinations are Munnar, Thekkady, Kovalam, Kumarakom, Pallakad, Cochin, Allepey, Waynad and Varkala. Kerala also has a host of hill stations, among which the most famous is Munnar. Situated 1600 meters above the sea level, Munnar has sprawling tea plantations and beautiful hills. The Arabian Sea is on the west border of Kerala and Western Ghats cover a major part, around 550 km to be precise, of east Kerala. The lovely beaches are adorned with coconut palms and clean golden sands. The evenings at the beaches are wonderful and some of them have live Kathakali dance performances. Kathakali is the traditional classical dance of Kerala. The Western Ghats are exceptional in cultural and biological diversity and form an important subject for conversationalists. These hills are also home to a variety of monuments and ancient forts.

Kerala attracts millions of tourists from India and abroad every year. Other than normal Kerala holiday packages, it is also famous for honeymoon packages. Thanks to the growing popularity of Kerala tour packages, the number and quality of Kerala hotels have increased many folds. Kerala hotels offer world class services and warm hospitality to guests, an experience visitors would remember for their life. It is best to book hotels in advance since most of the good Kerala hotels are pre booked because of their growing popularity. Home-stays, serviced villas and houseboats are also becoming popular among honeymooners and young tourists since they give you the privacy along with the best of services. Houseboats are a lovely opportunity to enjoy the beauty of surroundings amidst the backwaters and cool coconut grooves. Homestays are like home away from home and give you a chance to get close to the local community and know their culture and lifestyle.

Kerala is famous for its spices, coconuts and sea food. Rice is the staple food there and many Kerala tour packages will also include some of the best hotels and joints of Kerala where you can enjoy the best of sea food and the famous appam with stew.

Kerala is also renowned for Ayurveda. In this state, Ayurveda is not just a treatment but a lifestyle. Kerala holiday packages give you an opportunity to explore the art of Ayurveda. This science is based on medicinal herbs, plants and minerals. The geography of Kerala made it possible for Ayurveda to evolve into a broader science. Kerala boasts of huge bio-diversity of the Western ghats which have rare medicinal herbs and plants. Across colleges in Kerala, ayurveda is also taught as a subject and practiced by many professional doctors in various fields such as general medicine, ENT, pediatrics and gynecology, psychiatry, toxicology and many others. Ayurveda basically classifies diseases into the three combinations of five natural energies, namely wind, space, fire, water and earth.

When you visit the state, make it a point to sample its different flavors and take back memories of a lifetime.

Article Source:
http://www.articleside.com/destinations-articles/plan-a-trip-to-refreshing-kerala-and-carry-back-cherished-memories.htm - Article Side

Ajay Kumar - About Author:
a Kerala hotels are available in all kinds of budgets and in all the major tourist locations across the state and a Kerala tour packages are available with all the good tour and travel companies. a Kerala holiday packages can be best enjoyed if you plan your trip well in advance so as to cover all the major tourist attractions and enjoy the beauty of blissful Kerala.

Article Keywords:
kerala tour packages, kerala holiday packages, kerala hotels

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!