



Article published on March 27th 2012 | [Destinations](#)

Leh Ladakh, a part of Jammu and Kashmir is situated at a height of 11,000 ft. the place offers you the company of majestic mountains along with an atmosphere and environment of complete beauty. Although Leh has a plethora of sights and places as tourist attraction but one of the most striking things one will notice instantly is the group of women. Traditionally attired you will find them selling vegetables, fruits and various household articles. You may even find them knitting and spinning along with exchanging gentle banter with the passers-by.

Considering that Ladakh is only source of connection with the world outside, one can enjoy its exotic beauty only seven months in the year. If you have the experience and would like to challenge your ability then this place is the perfect spot for trekking. Markha and Rumbak offer you most exciting treks along with Stok Kangri being the best for climbing.

One of the happening places to visit in Leh Ladakh and Himalayas is the Leh Palace. The palace was built by the kings of Ladakh and overlooks the entire town from the southern west slope of the Tesmo Hills. It is eight storey palace built in the 16th century and resembles much to the famous Potala of Lhasa.

The Buddhist monasteries are other tourists attractions which are sure to leave you spell bound. Monasteries are something which one has always fancied about, all thanks to the various novels and books. So, with the visit to Leh Ladakh you can see them live in front of your eyes. Monasteries are also one of those places which offer you peaceful atmosphere and best hangout places.

Apart from just trekking, mountaineering, river rafting and climbing are other adventure sport activities which one can enjoy to the fullest and extreme. So, the place not only offers you beautiful nature and atmosphere but also exciting place for enjoying the wildest adventures. The best season to visit this place is from June to the end of October.

Also, when going to Leh Ladakh you can even visit the Himalayas to explore the vast range of mountains covered in deep snow. The best time to visit Himalayas is from April to June and then again from September to November. The highest peak of Himalayas is world known the Mt. Everest followed by Kanchenjunga, Karakoram, Nanga Parbat and Annapurna. However, while enjoying in the Himalayas one must keep in mind to avoid firewood and driftwood in order to preserve the thin topsoil of the mountain. Also, it is mandatory to buy kerosene from the original point only and not anywhere else.

Further one also has to take permission from the IMF prior for trekking up to the height of 4900 m. One should also go under thorough testing before heading to Himalayas in order to make sure that the body is physically fit for the height sickness. So, in all Leh Ladakh and Himalayas offer a great travel package with great and exotic travel experience.

Article Source:

<http://www.articleside.com/destinations-articles/go-leh-ladakh-and-touch-the-height-of-himalaya.htm>
- [Article Side](#)

[Nikita Martin](#) - About Author:

To get more information about a [Ladakh Tours](#), a [India Tours](#) and a [Trekking in Ladakh](#), Visit-
ercotravels.com

Article Keywords:

Ladakh Tours, Trekking in ladakh, India Tours

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!