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Delightful Exploits at Costa del Sol by Frederick Pollard

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Costa del Sol means â€œSun Coastâ€•; indeed, this is the sunny coast of southern coast of Spain which has become one of Europeâ€™s more popular holiday destinations. This stems from the availability of long clean beaches with soft sand and pleasant climate.

There is sunshine almost throughout the year to enjoy a good tan and a great swim in the mild warm Mediterranean Sea. One can enjoy the wide selection of water activities with plenty of leisure facilities in a most relaxing atmosphere.

West end attractions

Besides the great beaches at Costa del Sol, there are a couple of great golf courses which avid golf players would be delighted with. It is not surprising then that Costa del Sol is also known as Costa del Golf.

Costa del Sol is more than 300 kilometers with the Strait of Gibraltar at its east as it borders Costa Tropical. Hence, Costa del Sol would stretch from Malaga to Granada. From Malaga, one can reach Torremolinos which became an international tourist hub since 1960s.

There are many tourist resorts at Costa del Sol for tourists to choose from such as Mijas, Benalmadena and Fuengirola. Marbella may be quieter but it is worth checking out for the quaint offerings it has.

Although one can never be bored with the beaches at Costa del Sol, there may be times when tourists would want to make a day excursion to the inland. This would bring one to the panoramic mountain range north of Malaga where splendid views of the region can be sighted.

There are different landscapes and quaint villages which offer various culture and tradition. Many tourists who are curious and adventurous would spend a night or two at these villages to explore the natural landscapes and local tradition or cuisine.

The picturesque villages of Ojen and Casares look resplendent with their white walls which are the typical Mediterranean style. The numerous historical monuments in the region make Costa del Sol a delight for ancient discoveries such as in Antequera city where prehistoric dolmens are found.

East end attractions

More resorts are found at the east which is less crowded. Besides the beaches, there are interesting caves which the adventurous or curious tourists can check out such as the prehistoric Cueva del Tesoro. Legend has it that an ancient Moorish treasure is hidden in there.

One can leisurely enjoy the great offerings of Costa del Sol and be refreshed through a holiday here. There is so much to see and do or not to do much at all to enjoy a fulfilling holiday at Costa del Sol.

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