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All the Most Spectacular Ideas for Adventurous Peru Trips by Tracy Narvaez

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There are many exiting Peru trips that take you to breathtaking parts to of the countryside. Soak up the history of this unique part of the world while you enjoy the many exiting activities that are available. There are many different pursuits for those who are more energetic such as surfing, mountaineering, river rafting and much more.

One thing not to miss on Peru trips is one of the Seven Wonders of the World - the mountain top citadel of Machu Picchu. This could take four days of trekking to reach but you will pass along and ancient Inca trail and enjoy the most spectacular scenery. The trail will take you up steep mountain passes on stone paths that where laid hundreds of year ago.

If you are going to be taking the Inca trail you will have to book months in advance. These will usually set out from Cusco where you will have to spend some time to acclimatize. While you are there you can take shorter hikes through other historical site such as the Sacred Valley. There is also a lot of Inca and Spanish architecture that can be seen in the city and there are many restaurants offering traditional foods from across the country.

River rafting is quite popular and this can also be done near Cusco or in the town of Lanhuana near Lima. One can also find many rapids in other parts of the country too. They range from novice to expert and there should always be the option that you would be most comfortable with.

Many people might go on Peru trips just for the surfing. The coast stretches for thousands of kilometers and the beaches to the north offer good weather all year round. Some beaches are a bit more remote but are very popular with tourists. Manorca is one of the most famous and is popular with younger people as there are many clubs and bars.

If there is one region which has more adventure sports to offer on Peru trips than all the others then it would be Ancash. The spectacular mountain ranges offer a host of activities such as mountain climbing, skiing, mountain biking, hiking and even river rafting. The scenery is breathtaking and the highest mountains in the country are found here.

The Huascaran National Park surrounds this peak and there are networks of hiking trails that crisscross the entire region. There are endless lakes and many traditional villages that you will see along your trek. You could even visit one of the oldest architectural sites which is at Chavin de Huantar.

If you prefer your adventure to be a bit more wild you could try dune buggying in the sands of the Ica region. Here you would also be able to spot the animal figures of the Nazca lines from the air. There are of course no Peru trips that are complete without a tour of the jungle. Take a traditional boat up the Amazon River and enjoy the most pristine wild life in all of South America.

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