Article Side

A Comprehensive list of what do on your Kerala Tour by Sara Hasan

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Kerala, also named as God's own country is a paradise and wonderful landscape of palm- lined and vast golden sandy beaches. It is a coastal territory that inclines down the Western Ghats and meets the coasts of the Arabian Sea in south. The state of Kerala is mostly known for its beaches, palm coconut trees, backwaters, hill stations, spices and several art forms like Mohini Attam and Kathakali. It is the India's most literate and diverse religious heritage state.

This land is adorned by magnificent temples, churches and mosques. It is rated among one of the world's 50 must-visit travel destinations. Travelers primarily visit this place to unwind themselves with its scenic beauty, calm backwaters, pristine beaches, lush green hill stations and delicious sea cuisine. Resorts and hotels in the Kerala offer travelers world class comfort and luxury. Ayurvedic treatments and spa therapies provided by various health centers provides rejuvenation of mind, body and soul.

Backwaters of Kerala are considered to be the most famous honeymoon destinations in India. Sand banks separate the canals and shallow water pools from the sea. Backwaters are calm and peaceful as they give tourists a drive to explore the peaceful and serene environment. Alappuzha and Kottayam are most spectacular backwater segments of Kerala.

Kerala backwaters are a network of canals both natural and manmade that is spread out 1500 km long. There are about 38 rivers and 5 big lakes that stretch from one end to another of Kerala. In older days, backwaters in Kerala were used as main haulage medium.

If one has to navigate the Kerala backwaters, they must hire a boat for one or several days. The boat has a cook and a navigator, if it is hired for more than one day.

Vallam Kali, the famous boat race is scheduled annually in the backwaters of Kerala. It is known to be the traditional sport of Kerala and has been taking place here from decades. These boats are rowed by 60 to 100 rowers over the backwaters.

Kerala enthralls travelers with its green scenic beauty and various adventurous platforms that make their Kerala trip more interesting. Its beach activities and water sports like beach volleyball, parasailing, kayaking, and snorkeling will invigorate you and leaves you with a memorable trip to India.

Para Sailing - is a kind of water sports played on the seashores of Kerala. It is a frisky sport and adds some gleam to the beaches of Kerala.

Kayaking - is a sport that tests oneâ€™s fitness. A small boat rowed by one or two men with twin paddled oars is very adventurous. There are many backwater areas where Kayaking gets more adventurous and thrilling. Some of the famous ones are Alleppey, Kottayam backwaters, Thenmala etc.

Snorkeling - The beaches of Kovalam, Alppuzha and Varkala are famous for snorkeling, a favorite tourist recreation. It is a kind of swimming equipped with a breathing tube or a snorkel and a mask. It is executed on deep sea surfaces.

There are other interesting activities like attending Kerala festivals, watching Kerala traditional dances like kathakali, etc. that engross travelers with its natural and serene beauty.

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