Why is it so important to visit the dentist? Get the real answer!

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Article published on December 19th 2011 | Customer Service

There are a myriad of reasons why Americans focus so much on achieving the best smiles. Some say it makes you look healthier while others say it makes you look more attractive. At the very least, one should maintain their teeth by flossing and brushing regularly. However, more dental maintenance is needed. Why? Because brushing and flossing alone does not keep your teeth and gums healthy.

What do dental cleanings do?

1. Remove plaque from your teeth

2. Remove tartar above the gum line

3. Remove stains

4. Polish your teeth

Regular brushing and flossing will help maintain oral health, but brushing twice a day is not enough because if you donâ€™t get all of the plaque off, you can start forming gingivitis.

Why is it so important to get regular dental cleanings?

1. Plaque is a sticky substance that gradually forms from food, saliva and bacteria. When plaque is not properly removed, it opens the door to gum disease and tooth decay.

2. Tartar is a form of hardened plaque that forms by an accumulation of minerals from saliva on plaque. This can only be removed from a dental professional.

3. Removing stains (usually from coffee, tea, smoking and other foods) will keep your teeth looking healthy

Other than dental cleanings, what other benefits are there by visiting the dentist regularly?

Getting regular dental examinations will help prevent or repair a host of dental issues such as oral cancer, gum disease, and tooth decay. Dentists will be able to see if you have any cysts, tumors, invisible decay and any other problems that canâ€™t be seen by the naked eye with x-rays.

Okay, I get the picture but what about the other procedures?

Well, other than general dental procedures, cosmetic dental services are available. Although getting cosmetic dental work is not as dire, it can be very beneficial. Why, you ask?

Here are some cosmetic dental services:

1. Teeth Whitening

Many people, especially in Los Angeles, take great strides in making their teeth white. This trend has become very popular because having white teeth will make you look like you not only have healthy teeth, but also be aesthetically pleasing. You can show your pearly whites as often as you

like without having to worry about showing stained teeth.

2. Broken or Cracked Teeth

If you have a chipped, broken or cracked teeth, cosmetic dentistry will easily fix the issue. Cosmetic dentistry is constantly developing and dentists who care about their patients not only use state-of-the-art equipment, but also use them properly. If you are in the Los Angeles or Ventura area, going to cosmetic dentist in Calabasas would be a good idea. Calabasas has a thriving cosmetic dentistry business and all the cosmetic Calabasas dentists are using the latest technology to repair dental issues.

3. Dental Bridges and Implants

Any type of damaged tooth is easily repaired with a cosmetic Calabasas dentist because the cosmetic dentist will use modern equipment. The benefit of getting dental bridges and implants is that it will help keep the shape of your teeth. A missing or damaged tooth can cause your teeth to shift and make chewing, for example, very uncomfortable. This is where a cosmetic dentist comes in.

Cosmetic Calabasas dentists are thriving in this area. Many patients from all over the Los Angeles and Ventura counties go to cosmetic dentists in Calabasas to have everything from general dental services to more invasive procedures. When people are unsure of which Calabasas dentist they should go to, people often go to a Calabasas family dentist to be safe.

Finding affordable general dental services and cosmetic dental services is difficult in Hollywood because they can charge you an arm and a leg. However, getting cosmetic or general cosmetic work will be much more affordable by going to cosmetic dentists in Calabasas.

1. Having straight teeth makes it easier to maintain oral health

2. Makes you look like you donâ€™t have any dental issues such as gingivitis

3. Makes you look like you take care in keeping good maintenance with yourself

4. Plays a part in making you look more attractive

5. Having stained teeth makes you look like you have gingivitis

Are home remedies, over-the-counter-products or professional dental procedures the best way to take care of you teeth. An insiders take on

How to tell if your teeth needs repair

The real way to keep your mouth clean!

The Real WAY to prevent BAD breath

How to get the natural looking white teeth, not blinding white

Does the Malibu coast hurt your oral hygiene

Cheapest Way to Get white teeth

Cheapest way to get perfect teeth

Why Cosmetic Surgery? What are the Benefits and Cons?

Article Source:
http://www.articleside.com/customer-service-articles/why-is-it-so-important-to-visit-the-dentist-get-the-real-answer.htm - Article Side

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Article Keywords:
Calabasas Family Dentist, Cosmetic Calabasas Dentist, Cosmetic Dentist in Calabasas

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