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Communication Skills by Pramila Mathew

Article published on January 20th 2012 | Communication

When you are looking to move ahead in life, whether it is in terms of your employment, your personal relationships or with regards to your community, you will find that one of the most important things that you need to consider is effective communication. When you think about it, effective communication skills are the most basic building block when it comes to making sure that things move forward. What you'll find, is that without it, things will quickly turn into chaos. If you are in a place where you are looking to improve your life and the situation around you, you'll find that one of the first things that you need to consider is improving your communication skills.

Consider a scenario that is high stress; maybe you have a deadline coming up, or you have a doctor's visit where you need to discuss something fairly serious. In any situation that causes stress, you'll find that clear and worthwhile communication is something that can make things much easier. If you can clearly and without any stumbling make your needs known and convey information in a way that takes up the least amount of time, you'll find that things will go much more smoothly. Good communication skills are an important part of working with other people and those that have it do much better than those who don't.

One thing that you need to understand about effective communication skills is that while some are born with them and some aren't, almost anyone can learn them! Good communication is something that can be taught, and people who make the effort to learn all about this important skill come out much profited from the experience. You'll find that with just a little bit of work, you'll be able to streamline many things, both in terms of your work and your personal life. When you can communicate clearly, you'll be able to make everyone's life a great deal easier.

Looking at effective communication, you will find that this is something that people as a whole are always working towards. In the last hundred years, we have made impressive leaps and bounds when it comes to putting us in contact with each other. What mode of communication do you like? Are you someone who can chat a hundred miles an hour on the phone? Do you need to use things like instant messenger to really convey what you are thinking via text? You'll find that if you can figure out what your strengths are when it comes to communicating with other people that you will be far ahead of the game when it comes to getting your needs met.

If you've ever been told to be more of a team player, or you want to make sure that you have a place in the community that you have chosen, you'll find that effective communication skills are a giant step towards what you are looking for. Make sure that you give this valuable skill some thought. Where are you less effective when it comes to communication? Are you comfortable with it, and how can you improve? You'll find that these questions can guide you towards improvement in many areas of your life, so make sure that you see what you can do about it today!

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Pramila Mathew specializes in Management Coaching and Mentoring and in a communication skills for Leadership Effectiveness & Leadership Development. With over 25 years of experience in the

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Article Keywords:
Communication Skills

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