



# Article Side

Brighten Up Your Dance! by [Jessie](#)

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Dance is one of the most delightful activities one can indulge in. Globally, dance is counted among the most favorite hobbies of people of all ages and now also a much sought after profession. There are now special dance schools and dance colleges which are solely dedicated to imparting the knowledge on dance. The fact, that dance has been an important part of our society is clear from the fact that each ancient civilization and culture has its own specific forms of dances. Whether as a form of entertainment, a way of social interaction or even as a form of prayer, dance has its root deep in all cultures and societies of the world. Now with the growth of the media and internet becoming more powerful, the different forms of dances have traveled far and wide and every dance form is known in every corner of the world.

The recent trend of dance reality shows has contributed in making dance a big, multimillion dollar industry worldwide. Dance shows like "So You Think You Can Dance"™ and "Dancing with the Stars" famous all across the globe. These dance shows and many others like these have a very high glamour quotient. With a dance show like this, you are appearing on the national television and quite a lot of them even have international viewership, making the pressure of appearing fabulous even higher. With the glitz and the glam associated with these shows, the component of dance dresses and the appearance of the dancer have become more important than ever. Although every type of dance has its own specific types of dance wear, but now all of them have to be highly stylish and presentable on the stage amidst the lights and the cameras.

Even otherwise the dance clothes and the dance shoes are of vital importance for the dancer. The dance costume brings out the true flavor of the dance and adds to the theme of the performance. But there are other things that matter too. When choosing the dance costumes, one very important criterion is that the dress should be comfortable for the dancer and the dancer should be able to move about freely in the dress. Very often, people try to compromise on the comfort part of the dress to make it look stylish. But this can prove to be a huge mistake as in an uncomfortable dress; the dancer would never be able to perform to his or her best potential. Like for ballet apparel, comfortable leotards and tutus are the best options. Thus, when choosing a dress for your dance, choose with care.

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