Article Side

A beautiful bump in the night by Kate Grumont

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Most of us expectant mums put so much focus on what to wear and how weâ€™ll look during the daytime, we forget or simply donâ€™t care what we throw on once under the covers. Now though, with an influx of new retailers focusing on maternity sleepwear, and the growing market for stylish pregnancy clothing, you can make your partner happy, or just feel sublimely comfortable yourself when the lights go down.

Any woman that has ever been pregnant will tell you that getting a good nightâ€™s sleep can be quite an ordeal. Whether your baby is seemingly tap dancing their way through the night or frequent visits to the bathroom are keeping you awake, itâ€™s not much fun. To help you along, wearing clothing that feel comfortable is usually your number one priority. But, thanks to a definite evolution in maternity sleepwear that caters for fashion focussed women, you can forget the unfashionable nightwear of yesteryear and indulge in some modern sleepwear that will both leave you feeling better about yourself and guarantee a good nightâ€™s rest. And if you play your cards right, you can find maternity sleepwear that provides the functionality and ease for breastfeeding once your baby is born.

Try searching for a vibrant camisole in jersey cotton, a great fabric for total comfort, or floral nightshirts that have a really snug fit around the body, providing added support while you sleep. Or what about a lacy nursing nightie made from a stretchy viscose or elastane material?

And with the pyjama look a standout trend on runways around the world for Spring Summer 12/13, women, pregnant or not, are giving a touch more thought to their afterhours wear.

The beauty of a comfortable set of pure cotton nursing pyjamas has several benefits; not only will they help you get a comfortable nights rest in the lead up to the birth, but with the ability to buy nursing pyjamas that offer breastfeeding convenience, they may well be the first item packed for your hospital stay.

Given the speed that high street retailers and online fashion houses bring the latest trends to market, itâ€™s as if stylish maternity sleepwear is walking off the runway, straight into our bedrooms.

Feeling like a yummy mummy doesnâ€™t have to start from the birth. Being pregnant is a beautiful thing and it should be celebrated. Look gorgeous and sleep easy in maternity sleepwear.

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The author has an immense knowledge on a Maternity sleepwear. Know more about a Pregnancy clothing related info in his website.

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