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As a military spouse, have you given up on your dream of ever having a successful career? Have your personal ambitions taken a backseat, so your other half can serve the country? Have frequent relocations wreaked havoc on your professional life far too many times?

I bet the above questions sound all too familiar to you. While there's no denying the incredible sacrifices you've made by putting your active duty military spouse's career before your own, you should probably know that things are changing fast.

The explosion of technology is creating new career possibilities for individuals, who, for a variety of reasons, cannot work from an office.

â€œPortableâ€• Careers

The military lifestyle makes it difficult for spouses of active duty service-members to sustain conventional 9-5 office jobs over the long-term, so many of them are now seeking flexible and portable careers that can be pursued from home.

But what exactly are portable careers? These are professions that are not location-specific and can be taken anywhere with you. So, every time you pack your bags to move to a new location and set up a new home, it doesn't necessarily meanyou have to start looking for a new job as well. A portable job travels with you anywhere you go, for as long as you want!

In fact, military funding is available under the MyCAA program for spouses of active duty service-members to pursue certification, training, or education in fields leading to portable careers. Clearly, bringing down unemployment levels among military spouses is high on the government's priority list.

Work from Home Opportunities

If you are a military spouse and wondering what kind of work-from-home opportunities are out there, here are a few options you can explore:

Medical Transcriptionist: Medical transcriptionists (MTs) convert voice-based recordings of doctor dictations into ready to use written reports. MTs who work from home receive the dictations in digital format over the Internet; transcribe them into reports; and send them back via email or upload them directly on to their client's server. Needless to say, a high speed and reliable Internet connection is necessary to do this job from home.

Since employers prefer MTs who have prior experience or formal training, it's best to attend a medical transcription school before you get started. Many schools offer medical transcriptionist training online, which is probably better suited to your military lifestyle.

Virtual Assistant: Virtual assistants or VAs provide a range of support services to clients from a remote location, which in most cases is their home. The kind of services offered by VAs can be administrative, clerical, secretarial, creative, technical, medical, legal, etc. depending on their expertise, experience, and training. Typically, small business owners who don't have the budget for full-time office assistants hire the services of VAs.

It's a win-win situation for both military spouses who work as VAs and their employers. While the former can continue their career uninterrupted despite frequent relocations, the latter don't have to shoulder the responsibility of paying typical employee benefits like paid leave, health insurance, etc.

Medical Coding & Billing Specialist

Medical coding and billing is an important function in healthcare information management. Medical coders classify the clinical procedures that are performed in a healthcare facility into universally accepted and recognized codes, while medical billers are responsible for compiling, submitting, and processing health insurance claims of patients.

Without medical coders and billers on their side, healthcare practitioners will not have a standardmethod to communicate with each other, nor will they get reimbursed for the services they provide.

Many medical coding and billing specialists find opportunities to work from home. What you will need are rock solid credentials that include formal training from a vocational school or community college, professional certification, and confidence in your own abilities!

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Nancy is a 36-year old stay at home mom of two. She worked as a medical assistant for five years before taking a break to be with her children. Her experience as a medical assistant gave her valuable insights in to the a Medical transcription industry, which she likes to share with others through her writing. a Medical transcription training often finds mention in her writings. Being an SAHM, Nancy is a huge exponent of vocational training programs that provide women like her the power to be their own boss.
Her other interests include gardening and baking. She stays with her husband and two daughters.

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