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The Lustrous World of Hair: Information on Natural and Artificial Hair Colors

by Stela Dimitrov

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Hair colors vary among the different ethnic groups, though all hair becomes whiter as a person ages. Black hair is the most common hair color in the world, though East Asians tend to have darker hair than West Asians. Some African and Austronesian peoples have subtle brownish highlights in their black hair. Blond hair itself can range from dark blonde to honey gold and white blond. Also, some people are born with blond hair that turns darker with age.

Melanin is produced by melanocytes, cells found in people's skin, hair, and eyes. However, as people grow older, the melanocytes in the hair tend to die out. The hair follicles soon stop producing melanin in the hair on the head, then the facial hair (in men), and then the eyebrows and hairs in the nose and ears. To maintain a more youthful appearance, many people get their hair colored periodically an activity which becomes more important as a person ages.

Melanin is the pigmentation in the body that gives people the color of their skin, hair, and eyes. People have two types of melanin: eumelanin, which carries black and blue pigmentation, and phaeomelanin, which carries yellow and red pigmentation. To demonstrate, black-haired people have more eumelanin while red-haired people have more phaeomelanin rich in red pigmentation.

California is a place where multiracial marriages frequently occur. Indeed, the racial makeup of the population of California is heavily mixed. While the population in San Diego is 58.9% Caucasian, 28.8% Hispanic (of any race), and 15% Asian, each racial group displays a great deal of inner-diversity. In cosmopolitan centers like San Diego, the desire to change oneâ€™s appearance by having tan skin or differently colored hair is common, as people in this area tend to see many attractive and exotic people. Professional stylists from a salon in San Diego can testify that many of their clients are not afraid to try new trends or radically change their appearance.

Cosmetic hair coloring is common among light-haired people who have varied natural hair colors to begin with. However, professionals in any hair salon in San Diego may inform their clients that the outcome of the session might be a little different from what they may have initially expected. This is due to the remaining natural pigments in their hair. As a result, many black-haired people tend to get their hair bleached before getting a striking color like red or blue. Bleaches are made with hydrogen peroxide or ammonium peroxide, which removes hair pigmentation.

Getting a new hair color can improve and revitalize a personâ€™s physical appearance. It is just as relaxing as getting a massage in San Diego spas.

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Stela Dimitrov - About Author:
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