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The Importance of Seat Belts in Automobile by [James Blee](#)

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Seat Belt is harness which protects the occupant of vehicle from a major disaster when it meets with an accident or the vehicle stops with a jerk. Seat belt saves the occupant from the injury of internal impact from elements within the car or windshield.

When you decide to buy a seat belt, you should ensure that it gives you an easy to use facility, suites your vehicle and easy to install. You should also see that seat belt adjuster can be easily maneuvered.

Seat belts though have lots of advantages, sometimes become a cause of serious concern and can turn out to be fatal too. Whatever it is, the seat belts as per the survey, reduces 50% of accidental death. A piece of stretchable cloth with a bit of padding, a clip and an adjuster can stand between you and the death. The inertia keeps you moving until some thing stops it. An occupant in the car is also subject to its own inertia. The inertia of the car and the occupant is the same. When the vehicle meets with an accident, some other force has to act to restrict your inertia and slow you down.

Seat belts are normally connected seat belt adjuster, the harder the seat belt will press on your body and neck, which may cause severe damage to the parts of your body. Some seat belts have internal built in load limit factor.. It has been proved over the years that seatbelts act as one of the most safety devices in a vehicle. Though lets of improvement has taken place from the days of introducing seat belts yet engineers are working constantly towards the goal to make it safer. A day is not far off when there will much more improved safety device too replacing the existing seat belts too.

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