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Support Stockings for Varicose Veins- an Effective Support by Julia Roger

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Varicose veins, caused due to poor blood flow, are more common among women than men. Standing for long time, pregnancy and excessive weight gain can contribute to the cause of varicose veins. The fear of getting this problem works in most women. When you stand for a long period of time, blood flow is affected. When you gain weight, it creates more pressure on your veins which results in swelling. For this reason, pregnant women also suffer from this problem as the weight of the woman increases.. If varicose veins are not treated properly, then this may cause more pain. Among the solutions, one is surgery and the other is support stockings. Support stockings for varicose veins are surely an effective option.

Support stockings improve the flow of blood in feet and legs. They act as a compression therapy and provide support to the muscles. Support stockings are suitable even for the pregnant women. They are capable of relieving pressure and prevent pain. But before using Support stockings for varicose veins, you must consult a doctor. He will help you with the right advice. If you need surgery, then he will tell you about that. This depends on the severity of the problem. Laser treatment is the most common and effective one as it is a quick procedure of removing the veins. This gives you permanent relief from varicose veins and you can get back to your normal life very soon.

If your problem is not severe, then the doctor will recommend you to use support stockings. If you are not ready for the surgery due to monetary problem or something else, then using support stockings for varicose veins is the best option. These stockings are made tight which helps in preventing varicose veins. They enhance the blood flow by creating pressure to veins under the surface of the skin.

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Julia Roger - About Author:
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