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Human life is full of uncertainties. No one can tell what will happen tomorrow. Death is inevitable and everyone has to come to terms with it sooner or later. But a far worse case is being disabled and losing oneâ€™s job. A disabled person can neither continue with the original job nor are they given a new job. As a result they become a burden on their families. Disability not only incapacitates a person physically but also mentally and morally. But there is a silver lining even in the darkest of clouds. Here it is provided by the Social Security disability benefits.

Who can apply?

Anyone who has suffered disability and has lost the job they were doing before it occurred can apply for assistance. A person who is unable to do the hard work he did before being disabled or is unable to adjust to a job after a psychological disability are considered disabled according to the Social Security rules.

The only requirement is that the person should have suffered a physical injury which is likely to continue for the next 12 month or is terminal. However, this is not applicable to those who are congenitally disabled. Only those who have worked for a certain length of time and have paid social security taxes from their salary can apply for social security disability benefits.

How to apply?

For anyone with a disability social security provides a way to have an independent life. In order to avail Social Security Disability benefits, one can either apply online or call the Social Security Administration on their toll-free number. These applications usually take quite a long time to process. So it is best to apply early. Even then these benefits take a long time in coming. So it is always prudent to hire an experienced attorney in order to quicken the process of receiving disability Social Security.

What are the Requirements?

Before applying for Social Security Disability benefits, one must ensure that the following documents are ready-

Birth certificate.

Social security number.

Medical records (prescription from the doctor, therapist etc).

Reports of all the medical tests conducted.

Name, address and contact details of all the doctors and hospitals involved.

List of the medicines and treatments administered.

Employment details for the last 15 years along with the name and contact details of the employer(s).

An applicant is also required to take two tests- the recent work test and the duration of work test.

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Safina Jones is a legal advisor who has good information on a apply for social security disability benefits. To know more on a disability social security please visitÂ a http://www.consumerlawfirmcenter.com.

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