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Introduction to Tummy Tuck Surgery by [Julia Roger](#)

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Tummy tuck is the common term for abdominoplasty. This is a surgical treatment procedure to eliminate fat from the abdomen. This treatment is quite popular nowadays among common people. The reason behind the same is that models and celebrities are opting for this procedure to get rid of their bulging belly in no time. Seeing them, common people has also gained interest to opt for the surgery. This cosmetic surgery takes about 3 to 5 hours to be completed. After the surgery, the abdomen looks completely flat. The patient would not have any bulging fats and thus can enjoy good appearance.

There are three types of tummy tuck surgery procedures- partial, extended, and total. The type would be suggested depending on the fat percentage in the body as well as the health condition of the patient. In cases, where the fat percentage is less, partial tuck is recommended. Accordingly, decisions are taken. It is always advisable to consult a doctor that is experienced in this field for many years. He is the right person to provide suggestion to a patient about the type of surgery the latter should opt for. This is due to the various things that involves in a surgery.

It is true that this surgical procedure is gaining popularity day after day. However, it comes with its share of side effects and complications also if not done properly. The tummy tuck surgery must always be carried under an expert professional. Otherwise, the patient may feel itching, soreness, etc. after the surgery that may take long time to recover. Blood clotting and bleeding take place during certain cases. If anybody faces any kind of complication then he must immediately consult the physician. Hence, it is always said that to avoid complication, you must always take advice from the best doctor in town

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