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Even though energy prices continually vary, it is important to note that we have some control over how much energy we use. We can turn down the thermostat on our heating for example, and make sure we turn off the lights when we leave a room instead of leaving them on.

As such it can be a good idea to invest in some electrical devices that help make it even easier to save on energy. What could you invest in for your home to help bring down those energy bills?

One way we all use more electrical power than we could is by leaving our appliances in the standby mode. How many times do you switch off your television for example, and yet leave it plugged in at the socket? Even though it will use less energy in this situation it will still use more than it would if you were to unplug it completely. In this situation you can get special plugs that ensure when you switch off your appliances they go off completely, thus reducing your overall electrical usage. Of course they wonâ€™t be ideal for things like fridge freezers but you might be surprised at how many of them you can use dotted around your home.

Itâ€™s also possible to get energy efficient appliances to replace your current ones. Perhaps you need a new kettle for example. Next time you do, make sure you buy one that is energy efficient to save on electrical power every single day. There are also irons, coffee makers, bread makers and even vacuum cleaners that are far more energy conscious than older models used to be.

Some energy and money saving methods are easier to kick into action than others. For example itâ€™s fairly easy to buy a selection of energy saving light bulbs to replace all your existing ones. There is now a bigger range than there has ever been before, and the cost has come down considerably. You can enjoy longer lasting bulbs and save money and energy on them every day as well.

But perhaps the best thing to buy if you are going to go down this route is an energy monitor. If you install one of these in your home to begin with, you can see how much energy you save as a result of putting all the above methods into action. These represent a very small selection of the ways in which you can save on electricity too. Once you get used to how to save on energy you will find even more ways to save on your bills.

As you watch the results on your energy monitor and the lower energy bills you will get as a result, youâ€™ll be eager to make your home even more energy conscious than it was before.

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