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Fully Featured Home Saunas by Aqualine

Article published on March 13th 2012 | Business

The apparent and brilliant advantages of saunas and steam baths are widely reported. People all over the world are being benefited by the steam saunas. It is supposed to be the best thing to keep the body in shape and under strict control. It is used to keep the tiredness miles away and keep the cells and tissues fresh and rejuvenated. From relieving mental and bodily stress and soothing tired cells to dramatic health improvements, it is helpful from every deep aspect. It is also considered as a perfect detoxification cabin. These benefits are amazing and cannot be compared with any other technique. In fact, it also helps in weight loss, skin rejuvenation as well as relaxation.

Doctors also recommend infrared saunas because of their highly-superior, clinically-tested technology and long term good effects on body. Home saunas provides traditional (hot rock and water), steam bath as well as infrared. The key eminent benefits of taking a sauna can be achieved with each. People can take their own decision about sauna and which is best suited for them. People choose different types of saunas as per their specific health concerns; space restrictions or even home decor plans.

Today most of the home saunas are fully featured like:

â€¢ Comfortable Ergonomic Backrests

â€¢ Prefabricated Insulated Walls

â€¢ Combination Thermometer/Hygrometer

â€¢ Brushed Aluminum Wall Light with Frosted Glass Globe

â€¢ Stainless Steel Bucket

â€¢ Exclusive Bronze Tinted All-Glass Door with Hardware

â€¢ Hardware for Assembly

â€¢ Interior & Exterior Lined with Western Red Cedar

â€¢

General Accessories offered are:

â€¢ Aluminum Frame with tempered glass

â€¢ Acrylic roof and tray

â€¢ Thermometer

â€¢ Sand timer

â€¢ Lamp-chimney

â€¢ Wooden-bucket

â€¢ Sauna operating system

â€¢ Quartz light

â€¢ Color Light Therapy

â€¢ Sauna heater

Today, it is easy to purchase different types of saunas and its accessories like sauna stoves and sauna heaters from the dedicated stores. They provide exact type of home sauna as per your choice and space constraints and they also recommend different sauna accessories for comfortable living.

A steam room, steam bath or steam shower is a unique and luxurious experience that can be achieved much more practically than ever before, as residential steam generators become not only more compact but more affordable. As well, improvements in commercial grade steam generators make it possible for resort, spa and health club owners to provide their clients with an unforgettable steam bathing experience, without unnecessary concern for the dependability of their steam generator unit.

Steam rooms and steam showers are not only relaxing and energy-renewing, but they promote health and beauty too. Recommended for such conditions as bronchitis, catarrh, rheumatic complaints and joint pain, it can also be beneficial for people suffering from poor skin circulation, sleeping disorders and dry, chapped skin, among others.

Manufacturers provide traditional sauna material kits, traditional pre-fab saunas, sauna heaters, outdoor saunas, and modular infrared and other accessories. They also offer saunas that are advanced, smart, having wireless technology and having removable benches.

Article Source:
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Aqualine - About Author:
The author is associated with Aqualine Saunas USA. Aqualine Saunas is recognized as the leading market supplier in Infrared Saunas, Traditional Steam Saunas, Portable Saunas, a Sauna Heaters and Steam Rooms for both domestic and commercial applications. A member of the Aqualine Inc. Group, Aqualine Saunas is an international company, esteemed for the quality of its products and the customer service it provides.

Article Keywords:
sauna, saunas, steam rooms, infrared saunas, far infrared saunas, saunas for sale

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