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But, if you have complete and quality data-recovery software on your computer or through your system, you can be confident that it has a backup and it is there even though these things will happen to you. This can be so important when it comes to safeguarding your business or your personal information.

What people do not realize is that there are a number of ways that things can go wrong on their computers. Whether you are responsible for the computers of a large corporation, a small business or even just your own personal computer, having a way to restore information when things go wrong is quite important. Here are some things that could happen to you, well, anytime, even right now. Your computer could be running slowly or be loaded with powerful spyware that can destroy files, transmit personal data or, even worse, cause the computer to crash. All of a sudden, itâ€™s gone. Or, you could be working along nicely without a care in the world and bam! A power surge, an electric storm or something else electrical happens and itâ€™s all gone.

There are many more ways in which you can lose all of the personal data that is stored on your computer. You donâ€™t even have to have the programs running to lose it. Nevertheless, many people mistakenly believe this will not happen to them and therefore do not do anything to prevent this total loss. Data recovery is necessary for this not to happen. The strange thing is, it takes only minutes to install and use and it virtually and it takes care of itself. It is not overly costly either. So, why donâ€™t more people use data recovery? They just donâ€™t realize its importance. And that is one mistake we donâ€™t want to make. Data recovery is a need all computer users have.

Summary: Could the mass media hype about computer viruses actually make the problem worse?

If you believe what you hear in the media, there are an awful lot of viruses going around. No, I'm not talking about the make-you-sick kind of virus, though they get plenty of airtime, too. I'm talking about the kind of virus that enters via your internet connection rather than your nasal passages.

What the mainstream media often don't tell you--at least, in most radio and television newscasts and in the crucial headlines and opening paragraphs of newspaper articles-- is that many of these "viruses" are not viruses at all.

What Computer Viruses Really Are

The main reason the mainstream media always are in alarm over viruses is that they tend to call any malicious computer program a virus. In reality, there are at least eleven distinct types of malicious software, or malware, commonly affecting computers today. The most common of these are worms, Trojans, and spyware.

So, what's the difference between computer viruses and the other types of malware? The difference is that computer viruses are just about the only ones that regularly shut down computers and cause other obvious damage. The most common of the other kinds of malware--worms, Trojans, and spyware--are usually only detectable with a special scan.

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