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Choosing the Right Drink Bottles for Your Needs by George Brown

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There are different types of drink bottles available in the market; some are meant for use only once while others are reusable. Bottles meant to be used once only once are mostly made of PET (Polyethylene terephthalate) and are the type found holding soft drinks and water purchased from convenience stores, gas stations and other such places.

They have been proven to leach carcinogenic compounds and are also prone to formation of cracks and crevices which hide bacterial and dirt and should never be reused. Plastic bottles made from polycarbonate should also not be reused as they have also been proven to leach BPA, a synthetic hormone that can cause prostate cancer.

Reusable drink bottles are made of stainless steel and plastic and come in a wide variety of shapes and sizes. Stainless steel bottles have several advantages including easy to clean, do not stain easily, do not leach, are damage resistant, hard to crack or break and thus assure you of many years of quality service.

They are available in a variety of colors and designs; there are some with floral patterns, others have abstract designs, stripes, while others are in solid colors. Some might also have cartoon characters, famous pop icons or fictional characters drawn on them. Colors available include pink, red, black, grey, green and blue and they are available in 350ml, 400ml 600ml, 650ml, 750ml, and 1liter. The350ml and 400ml bottle are ideal for children while adults are better suited by the larger capacity bottles.

Plastic bottles are also available and are mostly made from BPA free plastic which is resistant to scratches. They are available in a wide variety of colors and designs just like the stainless steel ones.

There are also foldable bottles that allow you to carry water then fold the bottle for easy carriage when you are done. Some foldable designs are freezable and you can therefore use them as ice packs. They come in a wide variety of colors and prints and are available in 1, 1.5 and 3liters.

Some drink bottles are designed for direct drinking while others have a drinking straw and bite valve so that you do not have to keep on opening the bottle every time you want to drink. This reduces the probability of the water getting contaminated or spilling accidentally. There are some insulated designs which keep one's drink cold for longer periods of time and minimize condensation of moisture on the bottles surface which is common with very cold drinks. There are also some squeezable designs that are a great choice to people who are participating in sports or exercising. There are also some that are designed to fit into your bike cage for easy carriage when biking.

There are some designs that have a filter which is located either as part of the lid or at the bottom depending on the brand so that you can refill your bottle from a tap, stream or lake while on the move knowing that the water will get filtered before it gets to you. Most of the filters filter some bacteria, chlorine and sediments present in the water. Available water bottle brands include Cheeki, Carmelbak, Klean Kanteen, and Sigg among others.

Common lid designs include screw cap, high flow sports cap, bite valve, twist sports cap and cocoon cap. You can purchase a drink bottle cover with a tote design to help in easy carrying of your bottle, insulate your drinks and protect your bottle from scratches. The bottle covers are available in a wide variety of colors and designs.

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Hello, I'm George, I'm a mother of two and I like to spend my vacant time together with my children. I love to read and write reviews on different site and gadgets.

Looking forward on hearing from you. Thank you very much

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