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Black Parenting and African American Lifestyles by [James Blee](#)

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Even in today's so called highly civilized society, it is hard for an Afro- American to find some sort of parity with fellow human beings in some places of the World. However, it must be said that due to the constant disillusionment of the American society and due to constantly having been cut off from their roots, the Blacks are still searching for their misplaced identity lost between "how we are and how people want us to be". It should be said that a lot of the black children consider their own way of living, handed down from the ancestors as shameful and try to essay their American counterparts.

Although there is nothing wrong with that and they too are also Americans by being born and brought up in this country, it is not good to avoid one's roots either. African American lifestyles are unique " a rich culture with that can be expressed in so many ways be it through song, dance, or food. In black parenting it should be essential that the children be taught from a very early age to respect their roots. They should be told about their ancestors, about their struggles and about their sacrifices because of which they are now enjoying their status of free citizens and enjoying the same rights as the all other Americans.

Some children are estranged whereas some new parents do not know how to cope with situations of children over curious questions. For this, there are certain black parenting courses that might come in useful. African American lifestyle now might not be wholly different from that of the true American lifestyle, but there are things that should be made allowances for. The children should be told stories from their own native land and there should be more of a cultural acceptance. All of this will only make the African American children surer of their identity and be proud of their heritage.

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