Signs and Symptoms of Breast Cancer

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Article published on January 24th 2012 | Breast Cancer

Initially, no symptoms are caused by breast cancer. Sometimes, a lump is very small to feel or cause any unusual changes that can be noticed on your own. Often, an abnormal area will turn up on a screening mammogram. This will then lead to further testing. The beginning of breast cancer is seen in the cell. Then, there is division and multiplication at a very uncontrollable rate. A small clump of cancer cells are very tiny and cannot be felt easily. Thus, at the earliest stages of breast cancer, no symptoms are found usually.

Cancer can be detected by a mammogram before a lump is developed. Thus, there is a great importance of screening mammogram. Some benign breast conditions seem like cancer. A person should surely know the difference. A professional health check up is very necessary for checking out worrisome lumps. The classic symptom for breast cancer is a lump which is found in the armpit or the breast. This is a very aggressive kind of disease. This grows in nests or sheets of tumor cells. Thus, the skin can be invaded and a rash is resembled. Doing monthly breast self-exam is a great way of being familiar with the breasts' texture, size, skin condition and size. Detecting it early is very easy for protecting the health and improving the odds of survival.

A woman must not hesitate to see the nurse or doctor for a clinical breast exam. They can ask questions about changes in breasts.

In some cases, the first and foremost sign of breast cancer is the mass and new lump in the breast. This can be felt by the person as well as the doctor. The lump is usually painless, hard and has uneven edges. However, cancers can also be soft, tender and rounded. Thus, this should be checked with the doctor.

According to the American Cancer society, given below are some unusual changes that take place in the body:

1. Swelling in the part or the entire breast

2. Dimpling or skin irritation

3. Pain in the breast

4. Nipple turning inward or nipple pain

5. Scaliness, redness and thickening of breast skin or nipple

6. Nipple discharge other than breast milk

7. Lumps in the underarm area

Thus, these signs can be related to less serious conditions as well. usually, these conditions are not cancerous. This is usually an indication of cyst or infection.

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Article Keywords:
Signs of breast cancer, breast cancer symptoms, breast cancer facts

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