Article published on November 30th 2011 | Book Marketing

It is generally seen that people who have unhealthy psychological state are often unable to have a harmonious relationship.Such people should try to avoid such state in order to maintain happiness and harmony in their relationship.Proper work done is required there to improve important areas.Good command over interpersonal relationship can help them.There are some elements that cause problem in relations such as:

Jealousy:

Due to this negative element in the behavior such people feel jealous from otherâ€™s success.They donâ€™t like to appreciate others.They feel jealous when other people talk with an important person or achieve something.To get rid of from this problem,the person can praise otherâ€™s strong point or on every little or big achievement.

Inferiority complex:

People who suffer problem in interpersonal relationship should concentrate on this area during communication.Such people hesitate to place their own views and feel lack of courage.These people feel themselves unable to offer their valuable comments and suggestions.Their behavior makes other people to feel like wastage of time getting along with them.Their habit of putting step backward pays them a lot and generates a feeling of inferiority in them.

Selfishness:

Those people who face problem in interpersonal relationship are actually badly affected with selfishness.Such people always think about themselves and their own profit.This problem easily hurt others.Once people recognized them,after then they donâ€™t want to continue contacts with them.

Ignore others:

Such people always consider themselves as the best.They donâ€™t give importance to others and their feelings.They donâ€™t offer good hospitality too others thatâ€™s why most of the people donâ€™t like to contact with them.Such people lives in their own world and ignore most of the activities and people around them.

Lack of sincerity:

itâ€™s another factor that such people often show.These people donâ€™t give enough respect to others.N relation means for them.They donâ€™t give importance to anything and donâ€™t show right behavior to others.

Lack of confidence:

This is also another major problem that people who have problem in interpersonal relationship feels. Actually itâ€™s the root of every behavior related problem. Lack of confidence is a bigger problem. People those have low confidence level feels problems in keeping their prospective in front of others. They cannot speak up when they want to speak or feel unable to offer their views and opinions.Low self-esteemed people hesitate a lot in doing any useful effort and this problem bring them backward.Such people lost the opportunity to come forward.

Interpersonal relationship is important in maintaining any relationship.It also helps to make it strong with time so itâ€™s important to build it strong and healthy so that you can only fill good memories in your account and make your relation life longer.

Article Source:
http://www.articleside.com/book-marketing-articles/interpersonal-relationship.htm - Article Side

Lakeceo015 - About Author:
For more information please contact at the given address:
a interpersonal relationship and a crucialconfrontationsapp.com

Article Keywords:
interpersonal relationship

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!