



## Article Side

Things you must know before bringing crib bedding home for the newbie by [Michelle Torres](#)

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We start to think about nursery settings of our home and other accessories for the nursery from the choice of the color of walls and furniture to the choice of diapers, months before the little newbie is supposed to arrive. We do not leave any stone unturned and do what we can do to shape his or her world. These things require great care as things that look appealing might not be the best for your child. There are things one must know before going for certain accessories. The most important decision of all is the choice of your crib and crib bedding.

The market is full of various kinds of crib and crib bedding accessories such as mattresses, toys and bumpers etcetera. Along with the aesthetic consideration there are several safety guidelines which we must take into account before buying these products. There is ample information available on the subject online and offline, all you need is a proper research and a reliable source of information. There are several guidelines provided by several reliable sources such as US Consumer product safety commission (CSPC), American Academy of pediatrics, National Institute of Child Health and Human development and Juvenile Products Manufacturers Association (JPMA) etc.

Typical crib bedding includes mattresses, pillows, bumpers, babyhood, crib sheet and baby blankets. While plush pillow top mattresses, fluffy bumpers and fluffy down pillows look exceptional your pediatrician would never advise you for them. These are dangerous to your child's safety. Always buy a firm mattress which does not bent easily at corners and in the middle and a crib sheet that fits well into the crib. Longer crib sheets tend to make cripples which might produce suffocation and strangling. The mattress must fit into the crib well and there must not be any space between the crib wall and the mattress so that the child won't get wedged in between. Try not to fill the crib with toys and fluffy pillows, experts forbid the use of any toys and pillows inside the crib whatsoever. Besides bumpers which protect the child from the crib walls must be chosen carefully. In fact many studies show that bumpers are one of the major factors behind SIDS (Sudden Infant Death Syndrome). Most crib bumpers come made from cotton and batten that make them appear fluffy and soft to match the crib bedding set. These are the most dangerous materials for bumpers, as they can conform to the nose and mouth of the baby and cause her to suffocate. Instead, look for a crib bumper made from breathable mesh so that if your baby's mouth gets pressed against it, he/she can still breathe. The material used in these products must be certified by some reliable agency.

Modern themes for crib bedding boast of clean lines, fresh colors and high-quality fabrics in a variety of textures. These lucrative options must conform to the experts' guidelines as safety is a bigger concern than the style. Always make sure that whatever you are buying must not harm the newbie in your home in any way. A mild approach towards nursery décor is always a good choice. Let the baby not find it too different and uncomfortable to adjust to his/her abode.

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Henry Cliff writes for baby products and home categories. For more information on baby bedding, a [Crib Bedding](#), kids bedding and nursery décor Visit on [www.distinctivenurseries.com](http://www.distinctivenurseries.com)

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