Baby Carriers - Choosing the Right One for You and Baby by Waqas Cheema

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Mothers from all cultures have been using baby carriers to tote around their loved one for centuries. The common baby carriers of the past were simple baby slings or wraps which are still being put to use today in modern society. Baby carriers of today are available in a variety of styles, colors, sizes, and made from various fabrics.

Whatever type of baby carrier you choose, it is important to follow the weight recommendations of the manufacturer. Not all baby carriers are one size fits all, so if your baby is under the weight limit of the manufacturer, don't take the chance by using the wrong size carrier.

You will also want to consider how the baby carrier will fit your body as well as your baby. The carrier needs to be comfortable for you meaning that it should not fit too loosely or too tightly. It helps to measure yourself from your should to your midsection so that you have a good idea of the size baby carrier to fit your body. Many baby supply shops will be happy to let you try on a carrier before buying, this way you can have a snug fit for you and your baby.

It's a good idea to try on several carriers with your baby to see how easy it is to get your baby in and out as well as how easy it is to move about. Both mom and dad should be involved in the process as one carrier may not fit well for one parent as it does for another. You want to feel secure when carrying your baby in a baby carrier, sling, or wrap. Since you will not always have both hands on your baby as another security measure, you want to feel safe knowing the carrier is doing its job.

Once you have chosen the right baby carrier, it is a good idea to get used to feeling yourself with your baby attached to you. Meaning, you will now be wider and you have to be aware of where you walk and try not to bump into objects. Also be aware of what you drink (hot beverages) and never cook while carrying your baby. It only takes a second to tip over a hot pan or for your baby to reach out and touch a hot stove.

Although many baby carriers are made up of sturdy materials and fabrics, it is important to constantly check the wear and tear of your carrier. Keep an eye out for things such as stitching, buckles, ties, and straps. Make sure they are not worn which could lead to them coming undone.

It also wouldn't hurt to read reviews of popular baby carriers to get a good idea of what other parents have dealt with. This will save you time when picking out a new baby carrier and you will narrow down your choices to the best quality available. There are plenty of baby forums that you can also ask questions about various carrier brands.

Keeping these tips in mind will help you to select the best carrier for your little one. A baby carriers will be one of the most used baby items you will use when you are on the go. Have fun choosing the right one for you and your baby.

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