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Useful Sub Zero Service in Refrigerator Maintenance by Tracy Narvaez

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Refrigerators are such important kitchen appliances, and usually so reliable that they are often taken for granted. Quietly they work away keeping food and drink safely at sub zero service fridge maintenance temperatures that prevent decay. The number of times that a refrigerator door opens and closes during a single day is seldom recorded, but could number in the hundreds, especially in a home where there are teenagers.

Another thing that is often taken for granted is important role played by these appliances in maintaining health. In hot countries there were frequent outbursts of stomach related problems before fridges became common. Cupboards with wire mesh sides allowed wind to cool substances especially if they were suspended in the coolest room of a house. However, temperatures could not be lowered sufficiently to prevent bacteria and molds that destroyed foodstuffs

Although refrigerators are now commonplace in kitchens regular maintenance can extend their lives and prevent food contamination even in modern appliances. Some fridges are self-defrosting and others require manual defrosting when ice has built up inside and has become about half an inch thick.

The appliance should be unplugged after all the food inside has been removed. When the ice has all melted the inside of the fridge can be wiped clean. After it has been plugged in again and returned to its operating temperature it can be re-stocked.

Self defrosting appliances defrost themselves every six to eight hours. The cooling coils are heated slight so that the frost melts into pans. This liquid usually evaporates from the shallow pans but mold can form, so that occasionally the pans can be removed and cleaned.

When uncovered containers are kept in fridges odors can escape and taint everything tin the fridge. For this reason containers should be covered so that odors are contained. Bicarbonate of soda can be used to control odor if a fridge has been tainted.

Dust and dirt accumulates in most houses as a result of wind and skin scales that flake off humans and animals. These will adhere to the coils that are beneath a refrigerator. The fridge can be unplugged and a vacuum cleaner or brush used to remove the dirt and dust. At the same time the level of a fridge might be checked by pacing a level across the top.

There is always condensation going on as part of the refrigeration process. In many fridges the frost that condenses into water falls through a drain hole into a shall pan but when the hole becomes blocked by food particles or mineral deposits it needs to be cleaned so that the water can drain away safely.

The door gaskets should be checked constantly. Obviously if they perish the leak will make it necessary for the engine to work harder in order maintain the temperature. The best way to check the gaskets is to place a slip of paper between them when they are closed. A seal should be created so that the slip cannot be withdrawn. If it can the gaskets should be replaced.

Sub zero service fridge maintenance is available online. Questions pertaining to particular appliances can be submitted and responses obtained to specific questions. This means that there can be a quick twenty-four hours service link between manufacturers and clients.

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