Origami: amusing and enjoyable activity by Ultimateorig

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Have you ever heard about the word â€œorigamiâ€•? Here we are going to describe origami briefly. In Japanese, the word â€œoriâ€• means â€œto foldâ€• and the word â€œgamiâ€• means â€œpaperâ€•. So, fold paperâ€•. Basically Origami is the art of paper folding. There are so many shapes of paper and sizes are available in market. You can make anything by using simple instruction according to your wish. It totally depends upon your creativity and artistic nature. There are different papers are used for this purpose. People prefer to use Duo paper, Harmony paper, Washi, Photocopy paper, Kraft paper, Tracing paper, Foil paper, Wyndstone paper and many more.

Today it is getting very popular. It provides various benefits to all the kids and adults. In market, special origami kits are also available. It includes squares of paper with only one colorful side. There are also some pictures or images are given with it. You are also provided some simple instructions within it. You just have to follow them and make a design with simple or colorful. Paper. Our motive is just having a fun with this activity. So you can do anything what you like. It provides various benefits to all of us which are given below:

It is assumed as best way of fun and very simple and inexpensive hobby.

It teaches us creativity, patience and teaches us to how to follow the instructions.

This activity is also known as great stress reliever as it makes our mind tension or stress free. When you create the same design that your desitre, then it makes you more confident and divert your mind from stress or tension.

It enhances small motor skills and hand-to-eye coordination as in this activity; both hands and the brain are involved in creating origami.

In most of the schools, this activity is performed from the students in order to get hands-on experience with mathematics, spatial relationships, and sequencing.

Even teachers also use this activity to reinforce a number of mathematical concepts as itâ€™s very easy to transform the flat paper into three dimensional models. In schools, it is used for following purposes

â€¢ Understanding symmetry

â€¢ Visualizing angles

â€¢ Understanding fractions and proportions

â€¢ Identifying geometric shapes

It also provides positive impact on memory; it includes proper imagination, overall attention span.

It increases the self confidence and self respect among all the children.

At last, origami is very beneficial for us. It enhances the creativity and skills among all the children and adults.

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