Different Kind of Flavored Desserts that You Can Enjoy

by Stuart Owens

Article published on February 15th 2012 | Art

Most of us in the world consume food three times a day. There are people who consume food up to four to five times a day. However, most often people in homes have fruits, pastries, ice creams or some kinds of stuffs. All these things which we most often eat after completing our meals are called Desserts. Some of the common western deserts are cakes, biscuits, gelatin desserts, pastries, ice creams, candies and pies. However, these deserts vary from country to country and based on its culture and traditions there are numerous kinds of desserts available. Like in Russia, desserts were served for breakfast as well. Foods such as Pliny, Oladi, Syrniki, were all served with honey and jam. Not only this, there is a specific size of spoon that is mentioned used for desserts. The size of this spoon is slightly bigger than a teaspoon and smaller than a tablespoon. However, the first kinds of deserts were extracted from honey comb and dry grapes were consumed alone. This could be probably during the ancient days and until the sugar was discovered. With the invention of sugar, popular tastes in desserts came into existence and people started to enjoy desserts that were sweet.

Today, there are varieties of desserts that are served to the people in all parts of the world. Each of these deserts is unique in its own way. People include all kinds of fruits to prepare different kinds of desserts. There are also plenty of flavors available and it would be difficult to go through all these flavors at one time. These desserts can be served in the form of pies, cookies and many other types. Some of the pies that are served are Strawberry Mascarpone Tart, Mango Tart with Coconut Crust, Pine Nut Tart with Rosemary Cream and Rhubarb and Raspberry Crostata. Some of the cakes served as desserts are Chocolate Cake with Chocolate Frosting, Lemon Layer Cake, Pumpkin Layer Cake and Pound Cake. Different kinds of Cookies that you would like are Hazelnut Butter Cookies, Chocolate-Orange Cookie Stacks, Chewy Amaretti Sandwich Cookies and Rasberry Chocolate Macaroons. Apart from all these we have additional flavors which most people prefer. Some of the peoples favorites are Sticky Toffee Pudding, Pumpkin and Pecan Semifreddo, Fudge Coffee Brownies and Pear Crisp with Candied Ginger.

Today, people donâ€™t have to go out to buy desserts. In fact many people have started preparing desserts at home itself. These are quite simple and easy to prepare and guides available to prepare one. These can also be called as Homemade Desserts just like we have homemade Chocolates. Some of the easiest desserts that can be prepared at home are Curveball Cupcakes, Christmas Cottages, Fudge Button and Creamy Chocolates. While people prepare ice creams at home as well, some of their names are Mocha Ice Creams which most of us would have taste and are familiar. Carrot Ice Cream Pie, Watermelon Slush and Sweetheart Brownie Sundae are also some of my favorites. Cheese cakes Brownies are also my favorite. The other day I went to my relativeâ€™s house, they had prepared this Cheese Cakes Brownie. This was the first time I got to taste; however, all the Brownie flavors were always my favorite. It has been just Yummy. When asked about it, they said lots of people prepare this at home. My cousin had taken guidelines to prepare this Cheese Cakes Brownie, browsing through her net powered by Cheap Internet. Through this she can now prepare many kinds of desserts and she tries to make a new one every week. This time I was lucky enough to taste Cheese Cakes Brownie.

Article Source:
http://www.articleside.com/art-articles/different-kind-of-flavored-desserts-that-you-can-enjoy.htm - Article Side

Stuart Owens - About Author:
Stuart is a freelance content writer. Her cousin has learnt to make different kinds of desserts gathering information from the internet powered by a Cheap Internet. He wants to share some of his likings towards Desserts.

Article Keywords:
Cheap Internet, Internet, Desserts

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!