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Body Art is Considered to Be the Expression of the Mind by Mark Bennett

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Having inscription done on oneâ€™s body is an age old practice all over the world. In fact they are known by very different names; tattoo, piercing, body paintingâ€¦and so on. Applying lip colors and nail polishes are simply an extension of these practices in modern times. Sometimes these body arts are extended beyond to cover our possessions as well, and a good example is the decals on the cars and other vehicles we see on road. The purpose of having a body art done is to give the owner a unique personality. Most body art cannot be erased by ordinary means. So before you perform a body art think twice, there is no third to think about.

Tattoos are nothing but scars. Scars that are created artificially by inserting a needle that vibrates pretty fast into your skin. To put it in simple words, tattoos are made by sketching out line of the design you want on your skin, piercing your epidermal layer with the needle and inserting a metallic fluid that gives out the color of the tattoo. When the scar heals and the puck falls off-you decorate your body. To wear a tattoo maybe a sign of defiance or obedience; of faith or of disbelief; in many cultures, itâ€™s the form of covering up your body without the usage of garments! You need to be very precautious when getting a tattoo done.

When people say face painting, the first thing that comes to everybodyâ€™s mind is a kidâ€™s theme part or the carnivals that happen for this form of art which is slowly gaining popularity. However, this has not been the case always. We can track face painting back to thousands of years. It has been used across various cultures for different reasons. Face painting was and is mandatory during a war. It not only hides the identity of a person, but also helps them to gel with the environment i.e. face painting are used as a camouflage during a war. It is also done for religious purposes and nowadays even in sports.

Just like tattooing, Arabian Henna designs are quite popular in the U.S nowadays. While tattoos last for years, Henna will last for several weeks only. Arabian Henna designs are decorated designs that give a different texture to the hands and feet. Most of the designs will be a detailed flower with some bails present on the fingers. Palm of the hand is also detailed with the decorated pan leaves. Some geometric designs also get very much importance in the Arabian Henna designs. Henna tattoos have gained immense popularity all over the world in the recent times. Most people like these designs and these designs have great popularity in the western countries. Arabian Henna designs are the best known design in the fashion world.

Nowadays one of the common body arts is body piercing. Many of the youth follow this piercing fashion as a religious practice, self-expression, aesthetic values, cultural and rebel reasons. Some of the forms of piercing are quite controversial and are banned by schools, organization, and religious places. Even though there are a lot of people who are against it, but still it has a large fan following. There have been people who have pierced things through-out their body and found their place in Guinness Book of World records. Seriously, if you have an idea for body piercing, go ahead for it. But make sure to go to an experienced and professional one when you do so.

Having seen the various forms of body arts, this has been carried over since ancients. The ancient kinds of body art were considered very sacred and people realized the significance of having tattoos and painting. For that matter, piercings and its kinds were also considered a part of their traditions. For example, we have heard about some of the tribes in America. They wore rings around their neck, which were totally covered. Hence, this was done to grow their necks long. Nowadays body art is considered a fashion, some of them are not in a proper prescribed manner. Due to this fact there are side effects as well.

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