Sonicare Flexcare Toothbrush Review by Galena Sahirah

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Sonicare is the leading company when it comes to making electric toothbrushes. This company makes a wide variety of electric toothbrushes from entry level to high-end. The most basic model is only about $20 and simply rotates a brushing head that will clean your teeth. If you opt for the more expensive models you can get the top end electric toothbrush for over $100. These models come with all kinds features that will help ensure your teeth come out the cleanest and whitest.

When purchasing a toothbrush you should make sure that you get one that is right for you, the cheaper electric toothbrushes may not be much better than a regular manual brush, however the better brushes rotate at an incredible rate and will help scrub every stain off your teeth.

The Philips Sonicare is the best toothbrush out there in market. The speed and frequency at which it vibrates enables a great cleaning for teeth and also prevents tooth decay and gum disease. The Sonicare has a great battery life and also comes with two spare toothbrushes.

Each toothbrush head lasts about 1-2 months. In addition, the Sonicare itself lasts 2-3 years. It helps you to brush your teeth properly and really does a great job of cleaning. Instead of scrubbing it is really easy to just go in circles around your teeth to really get them clean. This electric toothbrush helps keeps the dentist away as it thoroughly cleans my teeth and helps keep my gum looking healthy.

The Sonicare is great because it times for two minutes with 30 second intervals, telling you how long you need to brush your teeth for. It is suitable for sensitive teeth and the bristles on this toothbrush are very soft. The charge also lasts for about two weeks so you can take it on a trip with you without having to charge it.

It's also really convenient because the charge display lets you know when the charge is low and you need to recharge it. The only requirement for it is to buy a new head as recommended by the product which is fairly economical. This electric toothbrush is also very durable and very comfortable to hold.

When you are cleaning your teeth you should ensure that you maintain a good cleaning routine. Brushing your teeth is very important but you should also maintain other cleaning rituals such as flossing and using mouthwash. The routine that I like to use is to floss my teeth first, then brush, and then rinse with a mouthwash. I find that the floss gets all the bits out from between my teeth, the electric toothbrush will scrub them nice and clean, and the mouth mash will help kill any harmful bacteria that can eventually lead to gingivitis or cavities.

If you are looking for a new Sonicare toothbrush there are a few websites that you can visit, some offer reviews and others offer coupons and savings. I will include links to my favorite websites below so that you can find the right toothbrush at the right price.

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http://www.articleside.com/alternative-medicine-articles/sonicare-flexcare-toothbrush-review.htm - Article Side

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If you are looking for a good deal on Sonicare be sure to visit the a sonicare coupons website, you may also be interested in reviews about the a sonicare flexcare.

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