Scar Removal â€“ the Natural Way

By Ricky Williams

Article published on February 27th 2012 | Alternative Medicine

A scar is the most unwelcomed thing which is despised by all and sundry. In these times when beauty is of prime importance, nobody wants to have scars on any part of the body as they devastate the aesthetic appeal of a personality. This enormous beauty consciousness has contributed a lot in adding importance with the scar removal process.

Scars are nothing but a fibrous tissue that gets formed on the skin for a noble cause! They grow there in order to repair the broken tissue. The growth of scars is a fairly natural process as it is the skin, in case of an injury, which produces more cells to re-grow the punctured skin. The reason a scar is easily visible is because these cells which grow in order to heal the damaged skin are of lesser quality as compared to the original cells. Although it is medically proven fact that scars can never get completely healed but over the past few decades medical science has made enough progress to cover up these scars artificially. The thing that we must understand is that no amount of cosmetic maneuverings can totally get rid of the scars.

Apart from the usual surgical methods another method that has become very popular in the scar healing is that of ayurveda. An ancient Indian medical technology, it helps in the healing of scars in a more efficient manner. In ayurveda, there are many helpful herbs that can be used with simple home methods in order to treat the scar.

The first major herb that is of great help in the scar treatment is the aloe Vera herb. It is a simple home remedy for treating the residual scars that do not get away so easily. The best part with this herb is that it does not have any side effect at all and the constant applying of its juice on the scar for even fifteen days regularly can slowly reduce the scars and bring a gleaming radiance over the face. Another important herb that is used in the scar treatment is the cucumber. It also helps a lot in the removal of the scar tissues. All you need to use this is to make a thick paste of cucumber and apply it on the face. The paste helps the scars to smoothen out with time. Indian gooseberry is another very valuable herb that can help a lot in the prevention against the scars.

Article Source:
http://www.articleside.com/alternative-medicine-articles/scar-removal-the-natural-way.htm - Article Side

Ricky Williams - About Author:
Ricky Williams is an experienced Content writer and publisher specialist in writing about a scar removal and a scar healing.

Article Keywords:
scar removal, scar healing

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!