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Kidney stone is a medical condition characterized by the formation of stone or pebble-like substances within the kidney, mostly in the inner lining of the kidney. The medical term for stone is renal calculus. These stones are the result of aggregation of calcium, oxalate, cysteine and uric acid. The causes resulting in kidney stone formation vary from person to person. The common kidney stone triggers are alkaline nature of urine, heredity, polycystic kidney and faulty metabolism. In some cases, stones produce no symptoms. But the common symptoms seen in case of most people with kidney stones are: nausea, fever, abdominal pain, weak urine stream, blood in urine, burning feeling while passing urine. Herbal remedies were found to be an effective cure for stones. These remedies will fix the problem without causing any adverse side-effect on the user.

An effective herbal remedy for kidney stone is potent enough to dissolve the stones and flush it out through the urine. Here are some great herbal remedies for stone:

1. The herb horsetail is a miraculous herbal cure for stones. It has diuretic and anti-inflammatory properties which help in the cleansing of the urinary tract and allows easy urination. Horsetail herb is also notable for its anti-inflammatory properties.
2. Sarsaparilla is herb that increases the volume of urine and eliminates stone out of your body.
3. Agrimony, a potent blood purifier is also an effective herbal remedy for stones. It melts kidney stones and improves the overall functioning of kidney. Agrimony has astringent properties. It lessens pain during the movement of stone in the tract, inflammation due to stones and passage of blood through urine. If you want to get rid of kidney stones, take agrimony tea thrice a day.
4. Cranberry juice is another good herbal remedy for stones. Cranberries are rich in vitamin C. They are a great herbal cure for urinary incontinence, urinary tract infections and weak immune system.
5. Burdock root is rich in essential ingredients like mucilage, flavonoid, insulin, iron, arcigen and lactones. If you consume burdock root extracts, small stones will be flushed out from your body.
6. You can also take herbal supplement Kid Clear to cure this problem naturally from the root.

The other herbal remedies for stones include rosemary, bilberry, lovage and meadowsweet. Herbal remedies are a great mode of treatment for human ailments because they come from nature; they are pure and pristine and have no harmful effect on the human body.

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